

Creative Choices

Shaping Support



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Who are Creative Choices ?

Creative Choices is a service for adults with learning disabilities in the Tamworth and surrounding areas. It has been developed with the vision to provide a person centred package of care to the individual in a way that will offer choice, empowerment and inspiration to unlock and maximize their potential.

We aim to support individuals to access and integrate within their local community in a variety of settings. Our support will ensure an individual's safety and security whilst developing and enabling independence and experiences. To encourage the development of and maintain friendships, enabling individuals to take part in activities reducing the risk of isolation that are "just much more fun with friends"

We Currently offer a Monday to Friday day opportunities service with transport included as well as a one to one service hours to suit individual.

"Let's get started"

If your outcomes are to achieve basic or build on existing skills in the following areas:-



Survival Cookery
Numeracy & Literacy
Basics in Baking
IT skills & use of library



Getting into work & supported work placements

"Active and Able"

If your outcomes are to start, maintain or improve your health and fitness by accessing the following:-

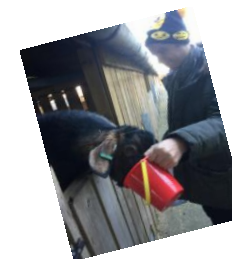
Swimming , Jacuzzi
Bowling, Gym
Boxercise ,
Cycling & Walking
Horse Riding & Stable Management



"EXPLORE AND EXPERIENCE"

Accessing the following sessions if your outcomes are to develop and experience community living skills and travel training will be:-

Days out and about, Use of a wide range of community facilities, theatre trips, days out at the seaside
Community Hubs and much more....



One to One Support



Creative Choices also offer you a one to one support

Or a mix of both one to one and small groups



+



"Creative Images"

If your outcome is to develop your creative skills then these sessions are available



Drama, Creative Crafts,
Gardening, Photography
Relaxation & Reminiscence